

The formula for Making Half Square Triangles (HST)

Add $7/8$ " to the FINISHED size of your HST and that is the size of squares you cut before you draw the diagonal line and sew $1/4$ " on each side of the line.

EX: your finished HST are 2" so you would add $7/8$ " and cut squares $2-7/8$ " , draw a diagonal line on one of the fabrics, layer 2 squares right sides together (RST) and sew $1/4$ " on each side of the drawn line then cut on the line and you have 2 HSTs.

BUT if you just add 1" instead of $7/8$ " to the unfinished size, you will find your HST to be a bit more accurate and you don't have to find that pesky little $7/8$ " line on your ruler.